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INSPIRATION & OPPORTUNITIES FOR THE NEW PARADIGM

HOUSING RESOURCES

JANUARY 2024 EDITION



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NO FORCE ON EARTH CAN STOP AN IDEA WHOSE TIME HAS COME. -VICTOR HUGO

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ACKNOWLEDGMENTS

Thank you to the amazing people and community's that have created and shared their unique ways of living in harmony with the Earth. It is our honor to share your stories, experiences, images and resources with the global community. Your work is an inspiration and encourages an evolution that is greatly need.

Thank you to Humanity for being dynamic expressions of the universe. We are spiritual beings having a human experience and within us is the same energy that creates worlds. Thank you to the generations of human beings that existed many years ago that illustrated it is possible to live in harmony with Earth and it is possible to thrive using indigenous and ancient technologies and wisdom in the modern world. We are imbued with the power to make life a paradise for all and it starts with our thoughts, actions, lifestyle and our relationship to each-other and Earth.

Thank you to our beautiful Earth that is home to all. It gives so freely and provides every resource we need to live. Thank you to the animals that show us Earth is free to all and so profoundly diverse. Thank you to the plants that heal us. The water that gives life to all. We are protectors of this sacred planet. We ask your forgiveness for the damage we have caused in our own journey of self discovery. We will heal ourselves to heal you so that you can continue to be home for many more generations of humans and all beings.

DEAR HUMANITY,

It is time for our humanity to be restored. It is time for us to stop killing and harming each other. It is time to stop murdering and abusing animals. It is time to stop destroying forests and natural habitats. It is time to stop enslaving ourselves and trading so much of our precious time for currency. It is time for us to evolve into higher conscious ways of being.

It is time for us to truly care for the Earth, each other and the future generations. As a species, if we want to survive we must live in harmony with the Earth. Living in harmony does not mean we have to revert to being cave people without certain comforts and conveniences we've grown accustomed to. However, we desperately need to reshape how we design and innovate the world around us. Maybe we can convert abandoned buildings into greenhouse food forests that produce organic low cost fruits ϑ vegetables to communities or innovate ways for more people to have access to solar energy.

Currently our technologies are not produced in sustainable ways and also cause harm to millions of people. Our smartphones and electric cars need Cobalt, children are enslaved in the Congo to mine this metal, the metal is toxic to touch and breathe yet hundreds of thousands of people are exposed to these toxins everyday. Cobalt is a key component in the lithium-ion batteries which power most of our technologies, without it we would not have many of our modern day devices. We cannot morally continue our way of being knowing it causes harm to others What do we do when we see that we are causing harm to ourselves, each other and the Earth?

What do we do when we know many of the foods we buy and eat contain toxic ingredients?

What do we do when the cars and transportation systems we have designed are causing air pollution and disrupting peaceful neighborhoods?

What do we do when our children are being taught old methods of learning that do not encourage free thinking and innovation?

What do we do when we are stuck in corporate jobs that take away so much of our precious time to spend enjoying life and with people we love?

How do we integrate healthier ways of being while still operating in a capitalist society?

How can we govern ourselves and create distance from governments and systems of oppression that fund wars, yet sacrifice humanity's well being for their own interests?

How do we look beyond race, class. & age to respect, understand and deeply care for each-other?

Where can we go to assist people that are actively creating positive change and further their mission for the benefit of the collective?

Where can we go to connect to people and feel joyous in unity?

We hope this resource book provides some answers and insight of possibilities to living more harmoniously with the Earth and each other. This is the first resource book in a series. More resource books on various topics will be released throughout 2024. To stay up to date with new releases, news and merchandise visit our website www.thepeopleforpresident.com

incerely,



HOUSING

WANT OPTIONS BEYOND RENT OR A 30 YEAR MORTGAGE?



WHAT ARE EARTHSHIP HOMES?

Earthship homes are sustainable, off-grid buildings designed to minimize their environmental impact. Developed by architect Michael Reynolds in the 1970s, these eco-friendly structures utilize recycled and natural materials to create self-sustaining homes. The key principles behind Earthships include harnessing renewable energy, utilizing rainwater harvesting, and promoting thermal mass construction for temperature regulation.



BASICS OF CONSTRUCTING AN EARTHSHIP:

TIRE WALLS:

Earthships often use recycled automobile tires packed with earth to create dense, thermally massive walls that provide excellent insulation.

RECYCLED MATERIALS:

Incorporating reclaimed materials like glass bottles and cans into the building's structure adds a unique aesthetic while promoting sustainability.

SOLAR POWER:

Earthships are equipped with solar panels to generate electricity, allowing residents to live off the grid.

WATER HARVESTING:

Rainwater is collected and stored for domestic use, reducing reliance on traditional water sources.

GREENHOUSE EFFECT:

Many Earthships feature an attached greenhouse, known as a "trombe wall," which helps regulate temperature by capturing and storing solar heat.



RESOURCES

Building an Earthship requires careful planning and consideration. Start by researching the design principles and construction techniques. Consider attending workshops or seeking guidance from experienced builders. Here are some resources to get you started:



1. [Earthship Biotecture](<u>https://earthshipglobal.com/</u>): Official website providing in-depth information on Earthship design and construction.

2. [Earthship Academy](<u>https://earthshipglobal.com/academy/</u>): Offers workshops and training programs for those interested in building their own Earthship.

3. [Earthship Global: The Simple Survival Model] (<u>https://www.youtube.com/watch?v=Vv3E93UYjo4</u>): Video introduction to the Simple Survival Earthship model.

4. [Earthship: How to Build Your Own] (https://www.amazon.com/Earthship-Build-Your-Own-Vol/dp/086571520X): A comprehensive book by Michael Reynolds, the creator of Earthships.

EARTHSHIP RESOURCES

5. [Earthship Facebook Group]

(https://www.facebook.com/groups/earthship/): Join this community to connect with individuals who are building or have experience with Earthships.

6. [Earthship Construction Guide]

(https://www.naturalbuildingblog.com/the-essential-guide-toearthship-construction/): Detailed guide covering various aspects of Earthship construction.

7. [Happily Natural Day Earthship Build] (https://vimeo.com/120594895): A video documenting the construction of an Earthship during Happily Natural Day.

8. [Global Earthship Community]

(https://www.earthshipglobal.com/community/): Engage with the Earthship community and find support in your sustainable living journey.

9. [Earthship Podcast]

(https://www.buzzsprout.com/328123): Listen to interviews with Earthship builders, enthusiasts, and experts.

10. [Earthship Europe]

(https://earthship-europe.org/): A hub for Earthship-related events, workshops, and resources in Europe

11. [Pangea Builders}

(https://pangeabuilders.com/). A community for designing & Building and Inspiring Off-Grid Homes and Custom Designs



WHAT IS MODULAR HOUSING?

Modular housing, also known as prefab or prefabricated housing, is a construction method where individual modules or components are manufactured off-site in a controlled factory environment. These modules are then transported to the construction site and assembled to create a complete home. This innovative approach to building offers various benefits, including cost-effectiveness, reduced construction time, and increased sustainability.

BASICS OF CONSTRUCTING MODULAR HOMES:

FACTORY CONSTRUCTION:

Modules are constructed in a factory, allowing for precise and efficient assembly. This controlled environment minimizes waste and enhances quality control.

TRANSPORTATION:

Completed modules are transported to the construction site, reducing the need for extensive on-site labor and minimizing the environmental impact of transportation.

CUSTOMIZATION:

Modular homes offer design flexibility, allowing homeowners to customize floor plans, finishes, and features to meet their specific needs and preferences.

ENERGY EFFICIENCY:

Many modular homes incorporate energyefficient technologies, such as high-quality insulation and advanced HVAC systems, contributing to reduced energy consumption.

SUSTAINABILITY:

The controlled manufacturing process of modular homes often results in less material waste. Additionally, some modular homes are designed with ecofriendly materials and energy-efficient features.



RESOURCES

Building a modular home involves careful planning, from selecting a design to coordinating the delivery and assembly of modules. Here are some resources to guide you through the process:



1. [Prefab and Modular Homes: A Guide to Design and Construction] (https://www.amazon.com/Prefab-Modular-Homes-Guide-Construction/dp/0471388272): A comprehensive book providing insights into the design and construction of prefab and modular homes.

2. [The Modular Home](<u>https://www.youtube.com/watch?</u> <u>v=H5HZVxgDDww</u>): A video overview of the modular home construction process and its advantages.

3. [Modular Building Institute](<u>https://www.modular.org/</u>): An organization dedicated to promoting the benefits of modular construction. The website offers resources, case studies, and industry news.

4. [Greenfab: Sustainable Modular Homes] (https://www.greenfab.com/): Explore Greenfab's approach to building sustainable modular homes with a focus on energy efficiency and environmental responsibility.

MODULAR RESOURCES

5. [Modular Home Builders Association] (https://www.modularhousing.com/): Connect with modular home builders and access resources on design, construction, and financing.

6. [Blu Homes](<u>https://www.bluhomes.com/</u>): Blu Homes specializes in modern, green, and energy-efficient modular homes. Their website provides information on the design and construction process.

7. [Dvele](<u>https://www.dvele.com/</u>): Dvele offers customizable, luxury modular homes with a focus on sustainability and smart home technology.

8. [The Pros and Cons of Prefab Homes] (https://www.architecturaldigest.com/story/prefab-homes-proscons): An article from Architectural Digest outlining the advantages and disadvantages of prefab homes.

9. [Modular Home Construction: YouTube Playlist] (https://www.youtube.com/playlist?list=PLFE17B92E0A11766F): A collection of YouTube videos covering various aspects of modular home construction.

10. [Modular Home Center]

(<u>https://www.modularhomecenter.com/</u>): A resource hub providing information on modular home styles, financing, and builders.



WHAT IS 3D PRINTING IN HOUSING?

3D printing, or additive manufacturing, has made significant strides in the construction industry, offering a revolutionary approach to building homes. This technology involves layering materials, often concrete or other composite mixtures, to construct entire structures layer by layer. 3D printing in housing holds the promise of faster construction, reduced waste, and increased design flexibility.



HOW DOES 3D PRINTING WORK IN HOUSING?

PRINTED LAYER BY LAYER:

3D printing in housing involves the gradual deposition of construction materials layer by layer, following a pre-programmed design.

LARGE-SCALE PRINTERS:

Specialized 3D printers with the capability to construct entire walls or structural components are used in housing construction.

MATERIALS:

Various materials, including concrete, polymers, or a combination of both, can be used in 3D printing to create durable and structurally sound buildings.

PRECISION AND SPEED:

3D printing allows for precise construction and significantly reduces the time required for building compared to traditional methods.

DESIGN FLEXIBILITY:

The technology enables the creation of intricate designs and unique architectural features that might be challenging or costly with traditional construction methods.



BENEFITS OF 3D PRINTING IN HOUSING:

SPEED

3D printing can accelerate construction times, potentially allowing for the rapid deployment of housing solutions in emergency situations.

COST-EFFICIENCY

The reduction in labor and material waste can lead to cost savings in the construction process.

SUSTAINABILITY

Various materials, including concrete, polymers, or a combination of both, can be used in 3D printing to create durable and structurally sound buildings.

CUSTOMIZATION

The flexibility of 3D printing allows for the creation of customized and personalized housing solutions.

GLOBAL ACCESSIBILITY

3D printing has the potential to provide affordable housing solutions in regions facing housing shortages or where traditional construction methods are challenging





RESOURCES

For those interested in delving deeper into 3D printing in housing, here are some resources to explore:



[ICON: 3D Printing Homes](<u>https://www.iconbuild.com/</u>): ICON is a company at the forefront of 3D printing in construction, with a focus on providing affordable and sustainable housing solutions.

2. [Apis Cor](<u>https://www.apis-cor.com/</u>): Apis Cor specializes in on-site 3D printing of buildings and offers insights into their technology and completed projects.

3. [Construction 3D Printing](<u>https://www.youtube.com/watch?</u> <u>v=M8igE 9 s4A</u>): A video overview of 3D printing technology in construction and its potential impact on the housing industry.

4. [3D Printed Housing - The Future of Construction] (https://all3dp.com/1/3d-printed-house/): An article providing an overview of 3D printed housing and its implications for the future.

3D PRINTING RESOURCES

5. [University of Nantes - 3D-Printed Habitat] (<u>https://www.youtube.com/watch?v=1jRG7h4i1fg</u>): Video showcasing a 3D-printed habitat project by the University of Nantes.

6. [Winsun 3D Printing Construction] (http://www.yhbm.com.cn/en/index.php): Winsun is known for its large-scale 3D printing projects, including entire buildings. The website provides insights into their technology and achievements.

7. [3Dnatives - Construction] (<u>https://www.3dnatives.com/en/construction/</u>): Explore articles and news related to 3D printing in construction on 3Dnatives.

8. [Branch Technology](<u>https://www.branch.technology/</u>): Branch Technology combines 3D printing with robotics to create innovative building components. Learn more about their approach on their website.

9. [Emerging Objects](<u>https://www.emergingobjects.com/</u>): A company exploring the intersection of 3D printing, architecture, and sustainable design.

10. [National Institute for Aviation Research - 3D-Printed Houses] (https://www.youtube.com/watch?v=9iGPT5rVcxl): Video exploring the potential of 3D printing technology in constructing houses.



WHAT IS VAN LIFE?

Van life is a lifestyle choice where individuals or families convert vans into mobile homes to travel and live on the road. This movement emphasizes simplicity, minimalism, and the pursuit of adventure, allowing people to explore diverse landscapes while maintaining a compact and self-sufficient living space.



BASICS OF VAN CONVERSION

CUSTOM INTERIORS:

Vans are often customized with compact kitchens, sleeping areas, and storage solutions tailored to the specific needs of the occupants.

SOLAR POWER:

Many van lifers integrate solar panels to harness energy for lighting, charging devices, and running small appliances.

WATER SYSTEMS:

Compact water systems and portable toilets are common features in van conversions to facilitate off-grid living.

COMMUNITY BUILDING:

The van life community is active on social media platforms, sharing tips, stories, and supporting each other in their nomadic lifestyle.





RESOURCES

For those interested in delving deeper into van life, here are some resources to explore:



1. [Van Life Reddit](<u>https://www.reddit.com/r/vandwellers/</u>): Engage with the van life community on Reddit to share experiences and gain insights into van conversions.

2. [Nomadland (Book)](<u>https://www.jessicabruder.com/nomadland</u>): A book by Jessica Bruder that explores the stories of individuals living the van life and the modern nomadic lifestyle.

3. [Van Life Guide](<u>https://www.outsideonline.com/van-life/</u>): Outside Magazine's comprehensive guide to van life, covering everything from conversion tips to travel destinations.

4. [The Vanual](<u>http://thevanual.com/</u>): A website offering a step-bystep guide to van conversion, including detailed plans and resources for aspiring van lifers.

VAN LIFE RESOURCES

5. [Van Life Diaries](<u>https://www.vanlifediaries.com/</u>): A community-driven platform sharing stories, tips, and resources for those embracing the van life.

6. [Escape Campervans]

(<u>https://www.escapecampervans.com/</u>): A company that rents custom-built camper vans, allowing individuals to experience van life before committing to conversion.

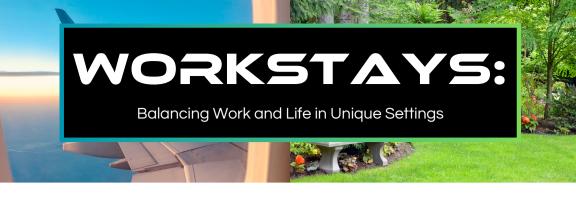
7. [Van Life TV](<u>https://www.youtube.com/c/VanLifeTV/</u>): YouTube channel featuring van life vlogs, conversion tutorials, and travel adventures.

8. [Instagram #VanLife]

(<u>https://www.instagram.com/explore/tags/vanlife/</u>): Explore the van life hashtag on Instagram for a visual journey into the diverse world of van conversions and travels.

9. [Van Life App](<u>https://vanlifeapp.co/</u>): An app designed for van lifers, providing information on campsites, amenities, and community events.

10. [Van Life Conversions - YouTube Playlist] (<u>https://www.youtube.com/playlist?list=PLPb-</u> <u>C2Gbh7F4jnS83x9bojbqSUSz2wXSz</u>): A collection of YouTube videos showcasing various van life conversions and lifestyles.



WHAT ARE WORKSTAYS?

Workstays offer individuals the opportunity to combine work with travel by providing accommodations in unique settings. Participants can engage in various work exchange programs, where they contribute their skills or labor in exchange for room and board. This concept allows for cultural immersion, skill development, and the chance to live in diverse environments.



BASICS OF WORKSTAYS:

SKILL EXCHANGE:

Workstays often involve participants contributing their skills, such as farming, teaching, or hospitality, in exchange for accommodation.

CULTURAL IMMERSION:

Living and working in a new environment provides a unique opportunity to immerse oneself in local cultures and communities.

FLEXIBLE DURATION:

Workstays can range from short-term commitments of a few weeks to long-term arrangements, allowing for flexibility in travel plans.

GLOBAL OPPORTUNITIES:

Many organizations and platforms facilitate workstay opportunities across the globe, enabling individuals to choose from a variety of settings and projects.









RESOURCES

For those interested in finding workstays, here are some resources to explore:



1. [Workaway](<u>https://www.workaway.info/</u>): A platform connecting hosts with individuals seeking workstay opportunities worldwide. Explore a range of projects and locations.

2. [WWOOF (World Wide Opportunities on Organic Farms)] (https://wwoof.net/): Connect with organic farmers around the world and participate in agricultural projects in exchange for room and board.

3. [HelpX](<u>https://www.helpx.net/</u>): A platform that connects travelers with hosts offering a variety of workstay opportunities, including farming, homestays, and community projects.

4. [Couchsurfing](<u>https://www.couchsurfing.com/</u>): While primarily known for short-term stays, Couchsurfing also offers opportunities for cultural exchange and connecting with hosts for longer workstay arrangements.

WORKSTAY RESOURCES

5. [Worldpackers](<u>https://www.worldpackers.com/</u>): Find opportunities for work exchange in hostels, eco-villages, and other projects while gaining access to valuable resources and a supportive community.

6. [Idealist](<u>https://www.idealist.org/</u>): Idealist lists volunteer and work opportunities with organizations around the world, allowing individuals to contribute to meaningful projects.

7. [HelpStay](<u>https://www.helpstay.com/</u>): Explore a variety of workstay opportunities, including volunteering, working holidays, and cultural exchanges.

8. [Wander Work](<u>https://www.wanderwork.com/</u>): A platform connecting remote workers with workstay opportunities, allowing individuals to work while experiencing new locations.

9.[Seasonal Jobs](<u>https://www.seasonaljobs.io/</u>): Find seasonal work opportunities worldwide, ranging from farm work to hospitality, providing a chance for travel and cultural experiences.

10. [GoAbroad](<u>https://www.goabroad.com/</u>): Search for work and volunteer opportunities abroad, including internships, teaching programs, and community projects.



WHAT ARE TINY HOMES?

Tiny homes are compact, fully-functional dwellings typically ranging from a few hundred to a few thousand square feet. This minimalist living movement emphasizes simplicity, sustainability, and a focus on quality over quantity. Tiny homes come in various forms, including mobile tiny houses on wheels and stationary small houses.



BASICS OF TINY HOMES:

SPACE OPTIMIZATION:

Tiny homes are designed to make the most of limited space, with multifunctional furniture and creative storage solutions.

ENERGY EFFICIENCY:

Many tiny homes prioritize energy-efficient features, such as solar panels, to reduce environmental impact and utility costs.

MOBILITY:

Tiny houses on wheels offer the flexibility to move your home to different locations, providing a sense of adventure and freedom.

DIY CONSTRUCTION:

Some individuals opt to build their own tiny homes, customizing the design to meet their specific needs and preferences.



RESOURCES

For those interested in tiny homes, here are some resources to explore:



1. [Tiny House Community](<u>https://www.tinyhousecommunity.com/</u>): An online community for tiny house enthusiasts, offering forums, articles, and resources for those interested in tiny living.

2.[The Tiny Life](<u>https://thetinylife.com/</u>): A website dedicated to all things tiny living, including tips on design, construction, and living a minimalist lifestyle.

3. [Tiny House Nation (TV Show)](<u>https://www.aetv.com/shows/tiny-house-nation</u>): A television series showcasing the construction and design of tiny homes, providing inspiration for prospective tiny house dwellers.

4. [Tiny House Design](<u>https://www.tinyhousedesign.com/</u>): A resource for tiny house plans, design ideas, and inspiration for DIY builders.

TINY HOME RESOURCES

5. [Escape Homes](<u>https://www.escapetraveler.net/</u>): Escape offers a range of beautifully designed tiny homes, emphasizing quality craftsmanship and sustainability.

6. [Tiny House Talk](<u>https://tinyhousetalk.com/</u>): A blog covering a wide range of tiny house topics, from design and construction to lifestyle and community news.

7. [Tumbleweed Tiny House Company]

(<u>https://www.tumbleweedhouses.com/</u>): Tumbleweed specializes in tiny house plans and offers workshops for those interested in building their own tiny homes.

8. [Tiny House Expedition](<u>https://tinyhouseexpedition.com/</u>): A documentary series exploring the tiny house movement, featuring stories of individuals living in tiny homes.

9. [Tiny House Listings](<u>https://tinyhouselistings.com/</u>): An online marketplace for buying, selling, and renting tiny houses, as well as a resource hub for tiny living enthusiasts.

10. [The Small House Catalog](<u>https://smallhousecatalog.com/</u>): Explore small house plans designed for efficiency, sustainability, and comfortable living.



WHAT ARE COBB HOUSES?

Cobb houses, also known as cob houses, are a form of natural building where walls are constructed by mixing clay-rich soil, sand, straw, and water. This traditional building technique has been used for centuries and is known for its sustainability, thermal mass properties, and sculptural freedom in design.



BASICS OF COBB CONSTRUCTION:

MATERIALS:

Cobb is made from a mixture of clay, sand, and straw. This combination creates a strong, durable, and insulating material.

BUILDING PROCESS:

The cobb mixture is hand-formed into large, thick walls. Builders typically create the walls layer by layer, allowing each layer to partially dry before adding the next.

SCULPTURAL FREEDOM:

Cobb construction offers a high level of artistic and architectural freedom, allowing for the creation of curved and organic shapes.

THERMAL MASS:

Cobb homes have excellent thermal mass, helping to regulate indoor temperatures by absorbing and slowly releasing heat.





RESOURCES

For those interested in building cobb houses, here are some resources to explore:



1. [Cob Cottage Company](<u>http://www.cobcottage.com/</u>): The Cob Cottage Company offers workshops, books, and resources for those interested in learning about and building with cob.

2. [The Hand-Sculpted House]

(https://www.chelseagreen.com/product/the-hand-sculpted-house/): A book by lanto Evans, Michael G. Smith, and Linda Smiley, providing insights into cob building techniques and design principles.

3. [Cob Building Basics: DIY House of Earth and Straw] (https://www.youtube.com/watch?v=ov8m2UB-Kwg): A video providing an overview of cob building basics and the construction of a cob house.

4. [Natural Building Network](<u>http://naturalbuildingnetwork.org/</u>): An organization dedicated to promoting natural building techniques, including cob construction. The website offers resources, events, and a community forum.

COBB HOME RESOURCES

5. [Cob Workshops](<u>https://www.cobworkshops.org/</u>): Find cob building workshops and events worldwide to gain hands-on experience and connect with the natural building community.

6. [Build Naturally with Midori]

(<u>https://www.youtube.com/c/BuildNaturally</u>): YouTube channel by natural builder Midori Shintani, featuring videos on cob construction, natural plasters, and sustainable building practices.

7. [Cob House Construction - YouTube Playlist] (https://www.youtube.com/playlist? list=PLW6hZA6V5SqnVmUluwsQaW8b8h6aijeKM): A collection of YouTube videos showcasing cob house construction projects and techniques.

8. [Permaculture Magazine: Cob Building] (<u>https://www.permaculture.co.uk/articles/cob-building</u>): An article providing an introduction to cob building, its history, and its role in sustainable construction.

9. [Cob Houses - Sustainable Homes]

(<u>https://www.builditsolar.com</u>): Explore examples of cob houses and learn about their sustainable features on Build It Solar.

10. [Cob Houses on Instagram]

(https://www.instagram.com/explore/tags/cobhouse/): Explore the hashtag #cobhouse on Instagram for inspiration and examples of cob houses from around the world.



WHAT IS A HOMESTEAD?

A homestead is a self-sufficient living space that typically includes a residence, agricultural land, and facilities for raising livestock. Homesteading emphasizes a back-to-basics lifestyle, where individuals or families aim to produce their own food, generate energy, and live sustainably.



BASICS OF HOMESTEADING:

SUSTAINABLE AGRICULTURE:

Homesteads often include vegetable gardens, fruit orchards, and livestock such as chickens, goats, or cows for a steady supply of food.

ENERGY INDEPENDENCE:

Some homesteads incorporate renewable energy sources like solar panels or wind turbines to reduce reliance on external power grids.

WATER MANAGEMENT:

Efficient water use, rainwater harvesting, and sustainable irrigation practices are essential components of homesteading.

DIY SKILLS:

Homesteaders often develop a range of do-it-yourself (DIY) skills, from building structures to preserving food through canning and fermenting.



RESOURCES

For those interested in creating homesteads, here are some resources to explore:



1. [The Homesteaders](<u>https://thehomesteaders.co/</u>): A website providing practical advice, guides, and resources for aspiring homesteaders.

2. [Mother Earth News - Homesteading]

(https://www.motherearthnews.com/homesteading-and-livestock): A comprehensive resource with articles, guides, and community forums covering various aspects of homesteading.

3. [Homesteading Today](<u>https://www.homesteadingtoday.com/</u>): An online community where homesteaders can share experiences, ask questions, and learn from each other.

4. [Back to Eden Film](<u>https://www.backtoedenfilm.com/</u>): A documentary film exploring sustainable and natural gardening methods, relevant for homesteaders interested in permaculture.

HOMESTEAD RESOURCES

5. [The Self-Sufficient Life and How to Live It (Book)] (https://www.goodreads.com/en/book/show/168997.The Self Sufficient Life and How to Live It): A classic book by John Seymour, providing insights into various aspects of self-sufficient living.

6. [Homesteading YouTube Channels] (<u>https://www.youtube.com/playlist?</u> <u>list=PLfYNPQVZNb8xPbyXr9Y9IPiEUPXu7YDjC</u>): A curated playlist featuring YouTube channels dedicated to homesteading, offering practical tips and inspiration.

7. [Permaculture Principles](<u>https://permacultureprinciples.com/</u>): Explore permaculture principles and practices, which are often applied in homesteading for sustainable land use.

8. [Homestead Bloggers Network]

(<u>https://homesteadbloggersnetwork.com/</u>): A network of blogs sharing experiences, tips, and stories from homesteaders around the world.

9. [The Modern Homesteader's Guide to Keeping Geese (Article)] (https://www.permaculture.co.uk/readers-solutions/modernhomesteaders-guide-keeping-geese): An article providing insights into integrating geese into a homestead setting.

10. [Homesteading in the Suburbs]

(https://www.motherearthnews.com/homesteading-andlivestock/homesteading-in-the-suburbs-zm0z19amzbut): A guide on how to practice homesteading principles even in suburban settings.



WHAT IS NOMAD LIFE?

Nomad life is a lifestyle characterized by constant movement, exploration, and the absence of a permanent residence. Nomads often embrace travel as a way of life, moving between locations for work, cultural experiences, or personal growth. This lifestyle can take various forms, from digital nomads working remotely to traditional nomadic cultures.



BASICS OF NOMAD LIFE:

REMOTE WORK:

Digital nomads leverage technology to work remotely, allowing them to travel and work from different locations around the world.

MINIMALISM:

Nomads often adopt a minimalist lifestyle, carrying only essential belongings and focusing on experiences rather than material possessions.

CULTURAL IMMERSION:

Nomads have the opportunity to immerse themselves in diverse cultures, learn new languages, and gain a global perspective.

ΔΟΔΡΤΔΒΙLΙΤΥ:

Nomads develop adaptability and resilience, navigating different environments and overcoming challenges associated with a constantly changing lifestyle.





RESOURCES

For those interested in finding workstays, here are some resources to explore:



1. [Nomad List](<u>https://nomadlist.com/</u>): An online platform providing information on cities worldwide, including cost of living, internet speed, and community reviews, to help digital nomads choose their next destination.

2. [Remote Year](<u>https://remoteyear.com/</u>): A program that facilitates travel for remote workers, providing a structured itinerary and a community of like-minded individuals.

3. [Digital Nomad Girls](<u>https://digitalnomadgirls.com/</u>): A community and resource hub for female digital nomads, offering support, advice, and networking opportunities.

4. [The Art of Non-Conformity (Blog)](<u>https://chrisguillebeau.com/</u>): A blog by Chris Guillebeau, author of "The \$100 Startup," sharing insights into unconventional living, travel, and entrepreneurship.

NOMAD RESOURCES

5. [Workationing Podcast](<u>https://workationing.com/</u>): A podcast featuring digital nomads Kari DePhillips and Kelly Chase, sharing their experiences and insights into the nomadic lifestyle.

6. [Couchsurfing](<u>https://www.couchsurfing.com/</u>): A platform connecting travelers with hosts willing to offer accommodation, fostering cultural exchange and community building.

7. [The Minimalists](<u>https://www.theminimalists.com/</u>): A blog and podcast by Joshua Fields Millburn and Ryan Nicodemus, advocates of minimalist living who share insights into simplifying life.

8. [Worldpackers](<u>https://www.worldpackers.com/</u>): A platform connecting travelers with opportunities for work exchange and cultural immersion in various locations around the world.

9. [Digital Nomad Guide by BBC]

(https://www.bbc.com/worklife/article/20211004-the-best-digitalnomad-cities-for-2022): An article by BBC providing a guide to some of the best cities for digital nomads in 2022.

10. [The Vanual - Van Life for Digital Nomads]

(<u>http://thevanual.com/digital-nomads/</u>): The Vanual includes a section on van life for digital nomads, offering insights into combining nomadic living with remote work.



WHAT ARE SHIPPING CONTAINER HOMES?

Shipping container homes involve repurposing shipping containers into living spaces. These containers, typically made of steel, are known for their durability, modularity, and ease of transportation. Converting shipping containers into homes is an eco-friendly and cost-effective way to create unique and sustainable living spaces.



BASICS OF SHIPPING CONTAINER HOMES:

CONTAINER MODIFICATIONS:

Containers are modified to include windows, doors, insulation, and other essential features for comfortable living.

MODULARITY:

Shipping containers can be stacked or combined to create larger living spaces or even multi-story structures.

SUSTAINABILITY:

Repurposing shipping containers reduces waste and provides an alternative to traditional building materials.

OFF-GRID OPTIONS:

Shipping container homes can be designed for off-grid living, incorporating solar panels, rainwater harvesting, and composting toilets.

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RESOURCES

For those interested in finding shipping container homes, here are some resources to explore:



1. [Container Home Plans](<u>https://www.containerhomeplans.org/</u>): A resource hub offering guides, design ideas, and plans for building homes from shipping containers.

2. [The Container House](<u>https://www.thecontainerhouse.com/</u>): A website featuring a variety of shipping container projects, including residential homes, offices, and commercial spaces.

3. [Shipping Container Homes - YouTube Playlist] (https://www.youtube.com/playlist?list=PLrUJo3i7LoLYwVJ2axOzVfZ-6ftjHqsLX): A curated playlist of YouTube videos showcasing the construction and design of shipping container homes.

4. [Container Home Instagram]

(<u>https://www.instagram.com/explore/tags/containerhome/</u>): Explore the hashtag #containerhome on Instagram for visual inspiration and examples of shipping container home projects.

SHIPPING CONTAINER HOME RESOURCES

5. [The Container Store](<u>https://www.containerstore.com/</u>): While not related to homes, The Container Store offers insights into creative uses of containers for organization and storage, which can inspire container home design.

6. [Container Homes Association]

(<u>https://www.containerhomesassociation.org/</u>): An organization dedicated to promoting the use of shipping containers in construction, providing resources and information for enthusiasts.

7. [Living Big In A Tiny House - Shipping Container Edition] (https://www.youtube.com/watch?v=C1v2Feqg55k): Video featuring a shipping container home tour from the YouTube series "Living Big In A Tiny House."

8. [Eco Home Essentials](<u>https://ecohomeessentials.com/</u>): An article providing insights into the benefits and challenges of building and living in shipping container homes.

9. [Brenda Kelly - IQ Container Homes]

(<u>https://iqcontainerhomes.co.nz/</u>): Brenda Kelly, an advocate for shipping container homes, shares her experiences and insights on her website.

10. [The Pros and Cons of Shipping Container Living]

(https://www.hgtv.ca/shows/hgtv-insider/the-pros-and-cons-of-livingin-a-shipping-container-home-1928772/): An article on HGTV providing a balanced perspective on the advantages and challenges of shipping container living.



WHAT ARE GEODESIC DOMES?

Geodesic domes are spherical or partially spherical structures made up of interconnected triangles. This architectural design, popularized by Buckminster Fuller, is known for its strength, efficiency in material use, and ability to enclose large spaces without the need for internal supports. Geodesic domes have been used for various purposes, including homes, greenhouses, and event spaces.



BASICS OF GEODESIC DOMES:

STRUCTURAL INTEGRITY:

Homesteads often include vegetable gardens, fruit orchards, and livestock such as chickens, goats, or cows for a steady supply of food.

EFFICIENT USE OF MATERIALS:

Some homesteads incorporate renewable energy sources like solar panels or wind turbines to reduce reliance on external power grids.

NATURAL VENTILATION:

Efficient water use, rainwater harvesting, and sustainable irrigation practices are essential components of homesteading.

VERSATILITY:

Homesteaders often develop a range of do-it-yourself (DIY) skills, from building structures to preserving food through canning and fermenting.







RESOURCES

For those interested in Geodesic Domes, here are some resources to explore:



1. [The Buckminster Fuller Institute](<u>https://www.bfi.org/</u>): Explore the work and philosophy of Buckminster Fuller, the visionary architect behind the geodesic dome.

2. [DomeGuys International](<u>https://www.domeguys.com/</u>): A company specializing in the design and construction of geodesic domes for various purposes, including events, shelters, and eco-living.

3. [Pacific Domes](<u>https://www.pacificdomes.com/</u>): Pacific Domes offers geodesic dome kits and provides information on their applications for sustainable living.

4. [Geodesic Dome Homes - YouTube Playlist] (https://www.youtube.com/playlist? list=PLwBbOwrA4kTLaA_aDo3oFNhvC8d8aPpFv): A curated playlist of YouTube videos showcasing geodesic dome homes and their construction.

GEODESIC DOME RESOURCES

5. [Natural Spaces Domes](<u>https://naturalspacesdomes.com/</u>): A company specializing in custom-designed geodesic domes for residential, commercial, and industrial use.

6. [Geodesic Greenhouse - DIY Project]

(<u>https://www.treehugger.com/geodesic-dome-greenhouse-4858069</u>): An article featuring a DIY project for building a geodesic greenhouse, combining sustainable living with gardening.

7. [Dome Living](<u>https://www.domeliving.com/</u>): A resource hub offering information, designs, and kits for building geodesic dome homes.

8. [Geodesic Dome Homes: A Sustainable and Stylish Alternative] (https://www.architecturelab.net/geodesic-dome-homes/): An article providing insights into the sustainable and stylish aspects of geodesic dome homes.

9. [Dome Homes - Living in the Round] (https://www.moneycrashers.com/dome-homes-living-in-the-round/): An article discussing the advantages and challenges of living in geodesic dome homes.

10. [The Pros and Cons of Living in a Dome Home] (<u>https://www.thespruce.com/dome-homes-5074685</u>): An article on The Spruce offering a balanced view of the pros and cons of living in a geodesic dome home.



WHAT ARE STRAW BALE HOMES?

Straw bale homes are constructed using straw bales as a building material. The bales are typically stacked and secured together, forming the walls of the structure. Straw bale construction is known for its excellent insulation properties, sustainability, and the use of agricultural by-products.



BASICS OF STRAW BALE CONSTRUCTION:

INSULATION:

Containers are modified to include windows, doors, insulation, and other essential features for comfortable living.

RENEWABLE RESOURCE:

Shipping containers can be stacked or combined to create larger living spaces or even multi-story structures.

STRUCTURAL STRENGTH:

When properly compressed and secured, straw bales can provide strong and loadbearing walls.

BREATHABILITY:

Straw bale homes are often designed to be breathable, allowing moisture to move through the walls and reducing the risk of mold.





RESOURCES

For those interested in straw bale houses, here are some resources to explore:



1. [The Last Straw Journal](<u>https://thelaststraw.org/</u>): An online and print publication dedicated to straw bale and natural building, offering articles, resources, and case studies.

2. [StrawBale.com](<u>https://www.strawbale.com/</u>): A comprehensive resource for straw bale construction, featuring articles, books, and workshops for both beginners and experienced builders.

3. [Build Naturally with Midori - Straw Bale Construction] (https://www.youtube.com/watch?v=WMsZ5zQ8X4c): YouTube video by Midori Shintani providing insights into straw bale construction and its benefits.

4. [Straw Bale Homes - YouTube Playlist] (https://www.youtube.com/playlist? list=PL_w9QiyVYBnrMnzq4Nx_E3YXZMPYD_rJi): A curated playlist of YouTube videos showcasing straw bale homes and the construction process.

STRAW BALE HOME RESOURCES

5. [US Straw Bale Building Codes](<u>https://www.strawbale.com/straw-bale-building-codes/</u>): Information on straw bale building codes in the United States, helping builders navigate regulatory considerations.

6. [The Straw Bale Solution: Realizing the Sustainable Development Goals](https://www.unenvironment.org/news-and-stories/story/strawbale-solution-realizing-sustainable-development-goals): An article highlighting the potential of straw bale construction in achieving sustainable development goals.

7. [Practical Action - Straw Bale Construction]

(<u>https://practicalaction.org/straw-bale-construction/</u>): Practical Action provides insights into the benefits of straw bale construction and its applications in different contexts.

8. [Eco Home Essentials](<u>https://ecohomeessentials.com/</u>): An article providing insights into the benefits and challenges of building and living in shipping container homes.

9. [International Straw Bale Building Registry] (https://strawbalebuildingregistry.org/): A registry where individuals can submit information about their straw bale buildings, contributing to a global database of projects.

10. [Straw Bale Construction - Green Building Advisor] (https://www.greenbuildingadvisor.com/article/straw-baleconstruction): An article providing an overview of straw bale construction and its place in green building practices.



WHAT ARE YURTS?

Yurts are traditional, portable dwellings with a circular frame and a felt or fabric covering. Originating from Central Asia, particularly Mongolia, yurts have been used by nomadic communities for centuries. Modern yurts often feature wooden lattice frames and can be adapted for various climates, providing comfortable and energy-efficient living spaces.



BASICS OF YURT CONSTRUCTION:

CIRCULAR DESIGN:

The circular shape of yurts allows for efficient use of space, and the design is well-suited for natural ventilation.

PORTABILITY:

Yurts are easily assembled and disassembled, making them portable and suitable for both temporary and permanent living arrangements.

TRADITIONAL MATERIALS:

Traditional yurts use a wooden lattice frame, felt or fabric covering, and a central opening for light and ventilation.

ADAPTABILITY:

Yurts can be adapted for various climates, with insulation and heating solutions for colder environments and ventilation for warmer regions.







For those interested in yurts, here are some resources to explore:



1. [Pacific Yurts](<u>https://www.yurts.com/</u>): A company specializing in the design and construction of modern yurts, offering a range of customizable options.

2. [Yurts: Living in the Round (Book)]

(https://www.goodreads.com/en/book/show/524247.Yurts): A book by Becky Kemery providing insights into yurt living, construction, and the cultural history of yurts.

3. [Yurt Living - YouTube Playlist](<u>https://www.youtube.com/playlist?</u> <u>list=PLJjwYb9yofXwOhqxu1KHtgZ1msreON2Zg</u>): A curated playlist of YouTube videos showcasing yurt living experiences, construction, and unique designs.

 [Colorado Yurts](<u>https://www.coloradoyurt.com/</u>): A company offering a variety of yurts and accessories, as well as resources on yurt living and construction.

YURT RESOURCES

5. [Yurt Living Blog](<u>https://yurtliving.com/</u>): A blog sharing stories, tips, and insights from individuals and families living in yurts.

6. [Yurts on Airbnb](<u>https://www.airbnb.com/s/Yurt</u>): Experience yurt living by exploring yurts available for rent on Airbnb in various locations around the world.

7. [Yurt Foundation](<u>https://yurtfoundation.org/</u>): An organization dedicated to promoting yurt living, providing resources, and supporting the yurt community.

8. [Yurt Design and Construction - Green Building Advisor] (https://www.greenbuildingadvisor.com/article/yurts-design-andconstruction): An article providing information on yurt design and construction, with a focus on energy efficiency.

9. [Nomad Shelter Yurts](<u>https://www.nomadshelter.com/</u>): A company specializing in handmade yurts, combining traditional craftsmanship with modern design.

10. [Living Off Grid: Yurt Life](<u>https://www.youtube.com/watch?</u> <u>v=8QoUgBIXUzE</u>): A video documentary featuring individuals living offgrid in yurts, sharing their experiences and insights.



WHAT ARE TREEHOUSES?

Treehouses are elevated structures built within or around the branches of trees. Traditionally associated with childhood dreams, modern treehouses have evolved into sophisticated and sustainable dwellings. Treehouses can be used as homes, vacation retreats, or unique accommodation experiences, allowing residents to live in close connection with nature.



BASICS OF TREEHOUSE CONSTRUCTION:

SUPPORT SYSTEMS:

Treehouses are built using various support systems, such as bolts, brackets, or suspension methods, to minimize impact on the host tree.

DESIGN INTEGRATION:

Treehouses can be designed to integrate seamlessly with the surrounding environment, utilizing natural materials and minimizing disruption to the ecosystem.

ELEVATED LIVING:

Treehouses provide a unique perspective on the surrounding landscape and offer an immersive experience in nature.

SUSTAINABILITY:

Treehouse construction can incorporate sustainable practices, such as using reclaimed materials, off-grid energy solutions, and eco-friendly designs.





For those interested in tree houses, here are some resources to explore:



1. [Treehouse Masters (TV Show)](<u>https://www.animalplanet.com/tv-shows/treehouse-masters</u>): A television series featuring treehouse designer Pete Nelson, showcasing the construction of extraordinary treehouses.

2. [The Treehouse Guide](<u>http://www.thetreehouseguide.com/</u>): An online resource offering information, plans, and inspiration for building treehouses.

3. [Treehouse Point](<u>https://www.treehousepoint.com/</u>): A treehouse retreat in Washington, USA, founded by Pete Nelson, offering overnight stays and events in beautifully crafted treehouses.

4. [Out'n'About Treehouse Treesort](<u>https://treehouses.com/</u>): A treehouse resort in Oregon, USA, providing unique treehouse accommodations and the opportunity to explore the treetop environment.

TREEHOUSE RESOURCES

5. [Nelson Treehouse and Supply]

(<u>https://www.nelsontreehouseandsupply.com/</u>): The official website of Pete Nelson's treehouse design and construction company, offering products, plans, and information.

6. [Treehouse Living - YouTube Playlist]

(https://www.youtube.com/playlist?

<u>list=PLZxWJ9f9II3XIJ4BI5pHvRdBJqM35tOXH</u>): A curated playlist of YouTube videos showcasing various treehouses, from small backyard projects to elaborate designs.

7. [Treehouse Community](<u>https://www.treehousecommunity.org/</u>): An online community where treehouse enthusiasts can connect, share ideas, and discuss treehouse projects.

8. [The World's Coolest Treehouse Hotels]

(https://www.travelandleisure.com/hotels-resorts/vacationrentals/coolest-treehouse-hotels): An article by Travel + Leisure featuring some of the world's coolest treehouse hotels for those seeking unique accommodation experiences.

9. [Treehouses for Kids and Adults - DIY Network] (https://www.diynetwork.com/how-to/outdoors/structures/building-atreehouse): A guide from DIY Network providing step-by-step instructions for building a treehouse for both kids and adults.

10. [Inspiring Treehouse Designs - Dwell] (https://www.dwell.com/article/11-inspiring-treehouse-designsd3f6a7e3): An article on Dwell showcasing unique and inspiring treehouse designs for residential living.



WHAT ARE EARTHBAG HOMES?

Earthbag homes are a form of sustainable building that uses polypropylene bags filled with earth or other natural materials to create sturdy walls. This eco-friendly construction method is known for its simplicity, affordability, and adaptability to various climates. Earthbag homes can be designed for both temporary and permanent dwellings.



BASICS OF EARTHBAG CONSTRUCTION:

MATERIALS:

Polypropylene bags are filled with earth, gravel, or other locally sourced materials to create durable, heat-resistant walls.

LAYERED CONSTRUCTION:

Earthbags are typically laid in courses, much like bricks, and are often filled with barbed wire for added stability.

THERMAL MASS:

Earthbag walls provide excellent thermal mass, helping to regulate indoor temperatures and reduce the need for heating or cooling.

SUSTAINABILITY:

Earthbag construction minimizes the use of traditional building materials and can utilize locally available resources, reducing the environmental impact.



RESOURCES

For those interested in earthbag houses, here are some resources to explore:



1. [Earthbag Building](<u>http://www.earthbagbuilding.com/</u>): An online resource offering information, guides, and resources for those interested in earthbag construction.

2. [The Natural Building Blog - Earthbag Construction] (https://www.naturalbuildingblog.com/earthbag-building/): The Natural Building Blog provides articles, videos, and case studies on earthbag construction.

3. [Cal-Earth - Earthbag Building](<u>https://calearth.org/education/</u>): Cal-Earth is an organization promoting earthbag and superadobe construction, offering educational programs and resources.

4. [Earthbag Construction - YouTube Playlist] (https://www.youtube.com/playlist? list=PLvE6NPOb1kbsiXjbs9NXaHdJYmXTw_H1J): A curated playlist of YouTube videos showcasing the construction of earthbag homes and structures.

EARTHBAG RESOURCES

5. [The Art of Natural Building - Earthbag Homes] (https://www.youtube.com/watch?v=zTBPDM5WTQ4): A video featuring an introduction to earthbag building as part of "The Art of Natural Building" series.

6. [Earthbag Village - One Community]

(https://www.onecommunityglobal.org/earthbag-village/): One Community is a non-profit organization working on sustainable solutions, and their Earthbag Village project showcases the potential of earthbag construction.

7. [Earthbag Homes - Insteading]

(<u>https://insteading.com/blog/earthbag-homes/</u>): An article on Insteading providing insights into the benefits and challenges of building earthbag homes.

8. [Earthbag Construction on a Budget]

(https://www.motherearthnews.com/green-homes/earthbagconstruction-on-a-budget-zbcz1610): A guide on Mother Earth News offering tips on how to build earthbag homes on a budget.

9. [Earthbag Building: The Tools, Tricks and Techniques (Book)] (https://www.goodreads.com/en/book/show/6680199-earthbagbuilding): A book by Kaki Hunter and Donald Kiffmeyer providing indepth guidance on earthbag construction techniques.

10. [Earthbag Homes - Sustainable Architecture] (https://www.archdaily.com/932971/10-sustainable-architectureprojects-with-earthbag): An article on ArchDaily showcasing 10 sustainable architecture projects, including earthbag homes.



WHAT IS BAMBOO HOUSING?

Bamboo housing involves using bamboo, a fast-growing and renewable material, as a primary building component. Bamboo is known for its strength, flexibility, and sustainability, making it an eco-friendly alternative to traditional building materials. Bamboo housing can range from simple structures to sophisticated and aesthetically pleasing homes.



BASICS OF BAMBOO CONSTRUCTION:

STRENGTH AND FLEXIBILITY:

Bamboo's tensile strength and flexibility make it an ideal material for various construction purposes.

RENEWABLE RESOURCE:

Bamboo is a rapidly renewable resource, with some species reaching maturity in just a few years.

VERSATILITY:

Bamboo can be used for structural elements, walls, flooring, and even furniture, showcasing its versatility in construction.

LOW ENVIRONMENTAL IMPACT:

Bamboo cultivation and harvesting have a lower environmental impact compared to many traditional building materials.



RESOURCES

For those interested in bamboo houses, here are some resources to explore:



1. [INBAR - International Bamboo and Rattan Organization] (https://www.inbar.int/): An organization dedicated to promoting bamboo and rattan for sustainable development, offering resources and information.

2. [Bamboo Architecture - Green School]

(https://www.greenschool.org/green-projects/bamboo-architecture/): Green School's bamboo architecture projects showcase innovative uses of bamboo in construction.

3. [Bamboo Construction Techniques]

(https://www.bambooconnection.com/bamboo-construction.html): A resource providing an overview of various bamboo construction techniques and methods.

4. [Bamboo Building Techniques - YouTube Playlist] (https://www.youtube.com/playlist? list=PLRquKx2xKr5sGn_VAdbX9xvX5L3x5B4oO): A curated playlist of YouTube videos demonstrating bamboo building techniques and projects.

BAMBOO HOUSE RESOURCES

5. [Bamboo Houses - A Green Future]

(https://www.youtube.com/watch?v=bjDL5ZICfmE): A video showcasing bamboo houses and their potential in creating a sustainable and green future.

6. [Bamboo Construction Handbook] (https://www.guaduabamboo.com/bamboo-construction-handbook):

A handbook providing detailed information on bamboo construction techniques, materials, and design.

7. [Bamboo Living Homes](<u>https://bambooliving.com/</u>): A company specializing in designing and building bamboo homes, offering sustainable and customizable solutions.

8. [Bamboo as a Building Material - World Bamboo Organization] (<u>https://www.worldbamboo.net/</u>): Information on the use of bamboo as a building material and its applications in sustainable architecture.

9. [Bamboo Architecture and Design - ArchDaily] (https://www.archdaily.com/search/projects/categories/bamboo): ArchDaily features a collection of bamboo architecture projects and designs.

10. [Bamboo Construction: Design, Architecture, and Sustainability (Book)](<u>https://www.goodreads.com/en/book/show/4901357-</u> <u>bamboo-construction</u>): A book by Oscar Hidalgo providing insights into bamboo construction, design, and sustainability.



WHAT ARE UNDERGROUND HOMES?

Underground homes, also known as earth-sheltered homes or earth homes, are structures built partially or entirely below ground level. These homes take advantage of the insulating properties of soil, providing natural temperature regulation and energy efficiency. Underground living can be adapted to various architectural styles and can include features like skylights and atriums to bring in natural light.



BASICS OF UNDERGROUND HOME CONSTRUCTION:

THERMAL MASS:

The earth's natural insulation properties help regulate temperatures, keeping the interior cool in summer and warm in winter.

ENERGY EFFICIENCY:

Underground homes can significantly reduce heating and cooling energy requirements, leading to lower energy bills.

INTEGRATION WITH NATURE:

These homes can be designed to blend harmoniously with the natural landscape, preserving views and minimizing environmental impact.

STORM RESISTANCE:

Underground structures are inherently more resistant to extreme weather events such as tornadoes or hurricanes.





RESOURCES

For those interested in underground houses, here are some resources to explore:



1. [Underground House - Grand Designs (YouTube)] (https://www.youtube.com/watch?v=HrvJxGK3-Og): A video from the Grand Designs series showcasing the construction of an underground house.

2. [Earth-Sheltered Houses - HowStuffWorks]

(https://home.howstuffworks.com/homeimprovement/construction/green/10-historic-green-homes.htm? srch_tag=omwywdkegmf3dmvz3er46w6k63ma5663): An article providing insights into earth-sheltered houses and their benefits.

3. [Underground Homes - Pinterest Board]

(<u>https://www.pinterest.com/search/pins/?q=underground%20homes</u>): Explore a Pinterest board featuring various underground home designs for inspiration.

4. [Underground Homes - Natural Building Blog] (https://www.naturalbuildingblog.com/tag/underground-homes/): Natural Building Blog features articles and examples of underground home designs.

UNDERGROUND HOUSE RESOURCES

5. [Underground House - The New York Times] (https://www.nytimes.com/2007/04/26/garden/26under.html): An article on The New York Times discussing the design and construction

6. [Underground Homes: A Sustainable Alternative?] (<u>https://www.homedit.com/underground-homes/</u>): An article on Homedit exploring the sustainability aspects of living in underground homes.

7. [Earth-Sheltered Home Plans]

of an underground house.

(https://www.monolithic.org/homes/home-plans): Monolithic provides earth-sheltered home plans and resources for those interested in building their own.

8. [Underground Living - The Earth Sheltered Solar Greenhouse Book] (https://www.goodreads.com/en/book/show/1332361.Underground L iving): A book by Mike Oehler offering insights into underground living and earth-sheltered greenhouses.

9. [Earth-Sheltered and Underground Living - Mother Earth News] (https://www.motherearthnews.com/green-homes/earth-shelteredunderground-homes-zm0z14jjzrob): Mother Earth News explores the benefits and considerations of underground living.

10. [Underground Homes - Houzz]

(https://www.houzz.com/magazine/would-you-live-in-anunderground-home-stsetivw-vs~3737782): A Houzz article featuring underground homes and discussing their unique design challenges and advantages.



WHAT ARE CO-HOUSING COMMUNITIES?

Co-housing communities are intentional, collaborative neighborhoods where residents actively participate in the design and operation of their own community. These communities emphasize shared spaces, resources, and decision-making, fostering a sense of community, sustainability, and mutual support among residents.



KEY FEATURES OF CO-HOUSING:

SHARED FACILITIES:

Co-housing communities often include shared kitchens, dining areas, gardens, and other communal spaces to encourage interaction among residents.

PARTICIPATORY DESIGN:

Residents are involved in the planning and design of their community, contributing to a sense of ownership and connection.

SUSTAINABILITY:

Co-housing often integrates sustainable practices such as energy-efficient buildings, shared gardens, and a focus on reducing individual ecological footprints.

SOCIAL CONNECTION:

The design and organization of co-housing communities prioritize social interaction, fostering a sense of community and support among neighbors.



RESOURCES

For those interested in co-housing communities, here are some resources to explore:



1. [The Cohousing Association of the United States] (<u>https://www.cohousing.org/</u>): A resource hub for co-housing in the United States, offering information, directories, and events.

2. [Cohousing: A Contemporary Approach to Housing Ourselves (Book)] (https://www.goodreads.com/en/book/show/101382.Cohousing): A book by Kathryn McCamant and Charles Durrett, pioneers of the cohousing movement, providing insights into co-housing principles and examples.

3. [Dancing Rabbit Ecovillage](<u>https://www.dancingrabbit.org/</u>): An intentional community and ecovillage that practices sustainable living and provides resources on community building.

4. [Cohousing Australia](<u>https://www.cohousingaustralia.org.au/</u>): An organization promoting co-housing in Australia, offering information, events, and resources.

CO-HOUSING RESOURCES

5. [CoHousing Solutions](<u>https://www.cohousing-solutions.com/</u>): A consulting firm specializing in the development of co-housing communities, providing resources and guidance.

6. [Fellowship for Intentional Community](<u>https://www.ic.org/</u>): An organization supporting intentional communities worldwide, including co-housing, with resources and a community directory.

7. [Co-housing Communities - The Guardian] (https://www.theguardian.com/cities/2019/jul/01/commune-2-0-cohousing-communities-around-the-world): An article on The Guardian featuring co-housing communities around the world and their innovative approaches to collaborative living.

8. [Co-housing Communities - Community Bookshelf] (https://www.communitybookshelf.org/): A collection of books and resources on co-housing, intentional communities, and collaborative living.

9. [Cohousing Directory](<u>https://www.cohousing.org/directory/</u>): A directory of co-housing communities in the United States, helping individuals find and connect with existing communities.

10. [The CoLiving Code](<u>https://thecolivingcode.com/</u>): An online platform and resource hub dedicated to co-living, including co-housing, with articles, events, and community features.



WHAT ARE BOAT HOUSES?

Boat houses are homes designed to be situated on the water, providing a unique blend of mobility and waterfront living. These homes can be permanently moored or designed to navigate waterways, offering a lifestyle that combines the comforts of home with the freedom to explore different locations.



KEY FEATURES OF BOAT HOUSES:

FLOATING RESIDENCES:

Boat houses are built on floating platforms, allowing residents to live directly on the water.

MOBILITY:

Some boat houses are designed to be mobile, enabling residents to navigate rivers, lakes, or coastal areas.

WATERFRONT LIVING:

Boat houses provide a close connection to nature and waterfront views, offering a tranquil and unique living experience.

SELF-SUFFICIENCY:

Some boat houses incorporate sustainable features, such as solar panels and water purification systems, to enhance selfsufficiency.







For those interested in boat homes, here are some resources to explore:



1. [Floating Homes - Houseboat Magazine] (https://www.houseboatmagazine.com/): A magazine dedicated to houseboats and floating homes, offering articles, forums, and resources.

2. [Floating Houses - Inhabitat](<u>https://inhabitat.com/tag/floating-houses/</u>): Inhabitat features articles on floating houses, including boat houses and floating architecture.

3. [Houseboat Living - YouTube Playlist]

(https://www.youtube.com/playlist?list=PLm3ZL-9B8PqF53qlV9FusKnAKxK4gtRKL): A curated playlist of YouTube videos showcasing different houseboat and boat house living experiences.

4. [Boat Houses - The Waterfront Alliance]

(<u>https://www.waterfrontalliance.org/</u>): The Waterfront Alliance explores various waterfront living concepts, including boat houses and floating homes.

BOAT HOME RESOURCES

5. [Floating House - ArchDaily]

(https://www.archdaily.com/search/projects/categories/floatinghouse): ArchDaily features a collection of floating house projects and designs from around the world.

6. [Houseboats and Floating Homes - Dwell]

(<u>https://www.dwell.com/houseboats</u>): Dwell presents a selection of articles and features on houseboats and floating homes.

7. [Floating Homes - National Geographic]

(https://www.nationalgeographic.com/magazine/2020/05/): An article in National Geographic discussing the future of floating homes and their potential for sustainable living.

8. [Floating House Design - Dezeen]

(<u>https://www.dezeen.com/tag/floating-houses/</u>): Dezeen showcases innovative floating house designs and projects.

9. [Boat Houses - Coastal Living]

(<u>https://www.coastalliving.com/homes/idea-houses</u>): Coastal Living includes boat houses and waterfront living in its coverage of coastal home design.

10. [Boat Houses - Houzz](<u>https://www.houzz.com/photos/boat-house</u>): A collection of boat house designs and ideas on Houzz.



WHAT IS CAMPING AS A LIFESTYLE?

Camping as a lifestyle involves living in temporary or portable shelters, often in natural settings. This lifestyle embraces simplicity, self-sufficiency, and a close connection to nature. Whether in a tent, camper van, or other portable dwelling, campers embrace a nomadic existence that allows them to explore different landscapes and live with minimal environmental impact.



KEY FEATURES OF CAMPING LIFESTYLE:

MINIMALISM:

Campers adopt a minimalist lifestyle, owning only essential items that can be easily transported.

MOBILITY:

The ability to move freely from one location to another, exploring different environments and landscapes.

OFF-GRID LIVING:

Many campers choose to live off-grid, relying on solar power, portable water sources, and other self-sufficient systems.

NATURE CONNECTION:

Camping provides a direct and immersive experience in nature, fostering a deep connection to the environment.







For those interested in camping, here are some resources to explore:



1. [Van Life - YouTube Playlist](<u>https://www.youtube.com/playlist?</u> <u>list=PLwGgmmXVVIbTHVIj_xSd0jgJ_UgBZGf0t</u>): A curated playlist of YouTube videos showcasing various aspects of van life and nomadic living.

2. [The Art of Mobile Living - Outside Online]

(<u>https://www.outsideonline.com/culture/vanlife/</u>): A collection of articles on Outside Online exploring the culture of van life and mobile living.

3. [Camping and Outdoor Living - REI] (<u>https://www.rei.com/learn/expert-advice/camp.html</u>): REI provides expert advice, gear guides, and tips for camping and outdoor living.

4. [Camping and RV Living - Campendium] (https://www.campendium.com/): Campendium offers a platform for finding and reviewing campgrounds, RV parks, and boondocking locations.

CAMPING RESOURCES

5. [Nomadic Living - The Vanual](<u>http://thevanual.com/</u>): The Vanual is a resource for those interested in van life, providing guides on van conversions and nomadic living.

6. [Camping and Hiking Tips - National Geographic] (https://www.nationalgeographic.com/travel/outdooractivities/camping-and-hiking/): National Geographic offers camping and hiking tips, gear reviews, and destination recommendations.

7. [Nomadland: Surviving America in the Twenty-First Century (Book)] (https://www.goodreads.com/en/book/show/35743910-nomadland): A book by Jessica Bruder exploring the lives of modern nomads living on the road.

8. [Camping and RV Living - GoRVing](<u>https://www.gorving.com/</u>): GoRVing provides resources on RV living, camping tips, and information on recreational vehicles.

9. [Living the Van Life - Instagram] (https://www.instagram.com/explore/tags/vanlife/): Explore the van life community on Instagram for inspiration and insights into the nomadic lifestyle.

10. [Camping and Outdoor Adventure - The Dyrt](<u>https://thedyrt.com/</u>): The Dyrt is a platform for discovering and reviewing campgrounds, offering a community of outdoor enthusiasts.



OUR MISSION, VISION & VALUES



"EMPOWERING EARTH WITH THE HUMAN SPIRIT"

OUR MISSION

To playfully remind humans that collectively we have the free will to create our reality and that we share a responsibility to care deeply for the Earth and all of Humanity.



OUR VISION

A global game where the objective is to create a world where every human being thrives and has access to clean water, healthy food, a home & a safe community.

OUR VALUES

TRUTH

Transparency creates safety & understanding, it is the foundation of unity.

COMPASSION

Treat others how you would want to be treated, because in essence we are all one.

HARMONY

Nature is our compass and connection to Earth and our true humanity, we must listen & align our actions with the grand design.

PLAY

Tune in and tune up our frequencies to bring collective joy, ease and gratitude for being alive.

OUR VALUES

MINDFULNESS

We create solutions through creative experimentation and acts of celebrating liberation.

REGENERATION

Considering the short and long term effects of our thoughts, words & action on ourselves and others.

BLISS

Aligning & resourcing existing structures and technologies with healthier ways of being.

ALCHEMY

Utilizing sustainable energy sources, materials, transportation & health modalities that contribute to the wellness of Earth's ecosystems & humanity.

MEET "IAM"

IAM is the energetic embodiment of the human collective consciousness.

....

IAM consciously generates their electromagnetic sphere to align with the Earth's toroidal field. IAM symbolizes humanity giving Earth energy and the Earth responding to give humanity energy.

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